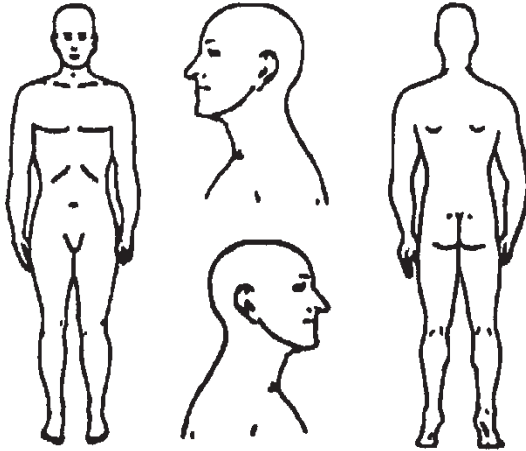


PLEASE MARK YOUR AREAS OF PAIN ON THE DIAGRAM



What is your major symptom? _____ Date began? _____

How did this problem begin (falling, lifting, etc.)? _____

How is your condition changing? GETTING BETTER GETTING WORSE NOT CHANGING

Have you had this condition in the past? Yes No

How often do you experience your symptoms?

- Constantly (76 – 100% of the day) Frequently (51 – 75% of the day)
 Occasionally (26 – 50% of the day) Intermittently (0 – 25% of the day)

Describe the nature of your symptoms: Sharp Dull Numb Burning Shooting Tingling

Cramping Stabbing Throbbing Other: _____

Does your pain radiate or travel to any other area? Yes No Where? _____

Please rate your pain on a scale of 1 – 10 (0 = No pain; 10 = Excruciating pain)

- 1 2 3 4 5 6 7 8 9 10

What makes your condition worse (working, exercise, etc.)? _____

What makes your condition better (ice, heat, massage, etc.)? _____

Have you had any auto or other accidents? No Yes

Describe: _____

List any other symptoms: _____

Do you Smoke? No Yes